

Year/Grade			PE PROGRESS MAP			
Y7	Y8	Y9	Performer and Skill – I am able to	Analyst and Evaluate – I can	Coach and Leader – I can	Knowledge and Understanding – I know
		9	Successfully compete at a high level in my chosen sport.	Give a detailed analysis of a performance offering expert and specific feedback which will lead to an improvement in performance.	Coach and lead a team regularly to success at the highest level of competition.	The rules and regulations in a of sport allowing me to referee at a high level.
	9	8	Demonstrate a wide range of complex skills in most sports covered within the curriculum.	Give feedback suggestion a progressive action plan to improve a selected skill/technique in performance.	Using knowledge of a team can set a long-term plan to sustain success.	All rules of a particular sport allowing me to referee at a competitive level.
9	8	7	Demonstrate a wide range of complex skills in some sports covered within the curriculum.	Offer a suggestion for improvement concerning specifics regarding a skill or technique.	Using knowledge of another student I can set a plan of activities to improve overall performance.	The rules of more than one sport to comfortably referee in lessons.
8	7	6	Demonstrate complex skills and techniques accurately and consistently in a game situation.	Suggest a way to improve performance.	Lead a team successfully.	The rules in a particular sport to comfortably referee a game in lesson.
7	6	5	Demonstrate complex skills and techniques accurately and consistently.	Give feedback to an individual/group referring to specific techniques applied in performance.	Give coaching points to another person regarding a skill and technique.	Most of the rules of the most of the sports covered in the curriculum.
6	5	4	Demonstrate complex skills accurately.	Construct observations into a form of feedback to an individual/group.	Give coaching points to another person regarding a set skill.	Some of the rules of most sports covered within the curriculum.
5	4	3	Execute a variety of skills using precision and accuracy, I am beginning to attempt more complex skills and develop my technique of basic skills.	Once decided on WWW and EBI I can discuss this with the performer.	Lead a group in a skill activity.	Most of the rules of a particular sport and compete outside of school within that sport.
4	3	2	Execute a variety of skills needed for sports within the curriculum accurately.	Observe a performance and decide what was good and what needs to be improved.	Lead a small group in a warm.	The rules of multiple sports and can play in a competitive game.
3	2	1	Use basic skills to participate in a rally and game, using this to score a point or gain an advantage over an opponent.	Observe a performance and take notes.	Work with another student to complete a warm up.	The rules to a particular sport and can play a competitive game.
2	1		Develop my basic skills as well as working on my hand eye co-ordination to allow me to hit a target with a body part or instrument.	Observe a performance.	Independently complete a warm up.	The basic rules to a particular sport and can play a noncompetitive game.
1			Replicate basic skills needed for most sports (throwing and catching).	Watch a performance.	Show a set skill to a coach.	The concept of competition.