TFTD 1 - Inclusive

THOUGHT FOR THE DAY

Can you think back to times in your life when you have felt left out or alone? It might have been because you were not invited to a party, or because you were excluded from a particular group of friends either in person or on social media. The feeling of exclusion can cut deep for all of us, because we all want to feel included and have a sense of belonging.

For this reason, the next quality that we are aiming to be as a Christian community at SSSO, is "**inclusive**". We would like this to be a school where everyone feels welcome and accepted for who they are. Because we are human, we won't always manage to make this work…but the important point is that we are trying every day to make this a place where people feel cared for, whoever they might be.

Just think quietly for yourself, is there anyone you know in school who might be feeling excluded? What could you do to make a difference?

For Reflection:

- **What is it like to feel left out?**
- **What can you do if you notice that someone is upset about being excluded?**
- **At the moment we are separated into year group bubbles in school. How are you finding this? Is it easier or harder to be an inclusive school like this?**
- **Think of one thing you can do to make our school feel like an inclusive community.**

Prayer:
Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled, as to console; to be understood as to understand; to be loved as to love.

For it is in giving that we receive; and it is in dying that we are born to eternal life. Amen.