

Understanding Autism Spectrum Disorder (ASD): Workshops for parents and carers

These two hour workshops offer support and information for parents and carers of children with Autism Spectrum Disorder. The workshops will be run by Speech and Language Therapists and other professionals.

- **Come along and meet other parents**
- **Find out strategies and ways to support your child**
- **Have the opportunity to ask questions**

2nd February 2018: Girls and ASD – this workshop will focus on how girls with ASD may present differently to boys and outline strategies

5th March 2018: Developing attention – this workshop will cover attention, impact on communication and strategies to develop attention skills

5th April 2018: Sleep and ASD – this workshop will help you understand sleep difficulties and how to develop your child's sleep pattern and will be run by a Paediatrician

11th May 2018: Transition to secondary – this workshop will provide ideas about how to support your child in their transition from primary to secondary school

7th June 2018: Behavioural feeding difficulties and ASD – this workshop will help you understand your child's behavioural eating difficulties/ extreme food refusal and offer strategies and advice

10th July 2018: Visuals – this workshop is an opportunity for you to make visuals to support your child's communication

6th August 2018: Early communication skills – this workshop will provide ideas and support parents of children and young people who may be non-verbal or have a few words

3rd September 2018: Behaviour and ASD – this workshop will help you understand your child's behaviour and will offer advice and strategies to help and will be run by a Clinical Psychologist and a Speech and Language Therapist

Time: 10:00 – 12:00

Where: Mary Sheridan Centre, 5 Dugard Way, London, SE11 4TH

These sessions are drop in so there is no need to book a place. These sessions are for parents only as unfortunately we are unable to accommodate children.